

Meal Benefit Applications are available throughout the school year.

To complete your application online please go to www.lunchapplication.com

Meals can be paid in advance [HERE](#)

January 2024






K-8 Lunch

Lunch Meal Prices:

Paid: \$2.50

Reduced: \$0.00

Non Student: A la carte prices

Monday	Tuesday	Wednesday	Thursday	Friday
1 	2 	3 * Cheese Bites * Chicken Sandwich * Black-Eyed Peas * Seasoned Broccoli * Strawberry Cup Fruit Cocktail Cup Choice of Milk	4 Baked Penne Pasta w/ Meat Sauce & Garlic Knot Corn Dog Nuggets Buttery Green Beans Spicy Black Beans * Diced Pear Cup * Applesauce Cup Choice of Milk	5 * Cheeseburger Chicken nuggets w/ garlic knot Fresh Grape Tomatoes Buttery Corn Fresh Mangos Fresh Cantaloupe Snack Pack Choice of Milk Whole Grain Happy Birthday Cookie
8 * Pepperoni Pizza * Cheese Pizza Hot Dog w/ Chili Potato wedges Buttery Green Sweet Peas * Mandarin Oranges Fresh Apple Choice of Milk	9 Soft Taco w/ salsa and cheese * Chicken Sandwich Fresh Grape Tomatoes Spicy Black Beans Tropical Fruit Cup Fresh Orange Choice of Milk	10 Sweet Thai Chili-Seasoned Roasted Chicken w/ Roll Corn Dog Nuggets * Sweet Potato Casserole Fresh Snap Peas Frozen Fruit Cup * Applesauce Cup Choice of Milk	11 Chicken Nuggets w/ Corn Bread Muffin * Sloppy Joe Buttery Green Beans Buttery Corn * Diced Pear Cup Raisins Choice of Milk	12 Cheesy Garlic French Bread w/ Marinara * Crispy Fish Sandwich Fresh Baby Carrots Fresh Broccoli Fruit Cocktail Cup Fresh Apple Slices Choice of Milk
15 	16 * Cheeseburger * Cheese Bites * Maple Glazed Sweet Potatoes * Black-Eyed Peas * Strawberry Cup Fresh Orange Choice of Milk	17 Chicken Tenders w/ Dutch Waffle * BBQ Pork Sandwich Buttery Green Beans Fresh Sweet Potato Squares * Diced Pear Cup Fresh Apple Choice of Milk	18 Mandarin Chicken w/ Brown Rice & Roll Corn Dog Nuggets Buttery Green Sweet Peas Potato wedges Fresh Tangerine Fruit Cocktail Cup Choice of Milk	19 Pepperoni or Cheese Pizza Oven Fried Fish Sticks Country Cornbread Muffin Fresh Local Roasted Potatoes Fresh Baby Carrots Fresh Apple Slices Fresh Pineapple Snack Pack Choice of Milk
22 	23 	24 * Chicken Sandwich Soft Taco w/ salsa and cheese Fresh Grape Tomatoes Spicy Black Beans Tropical Fruit Cup Fresh Orange Choice of Milk	25 * Crispy Fish Sandwich Cheesy Garlic French Bread w/ Marinara Buttery Green Beans Buttery Corn Fruit Cocktail Cup Raisins Choice of Milk	26 Chicken Nuggets w/ Corn Bread Muffin * Sloppy Joe Fresh Baby Carrots Fresh Broccoli Fresh Apple Slices * Diced Pear Cup Choice of Milk
29 * Cheese Bites * Chicken Sandwich * Black-Eyed Peas * Steamed Carrots * Strawberry Cup Fruit Cocktail Cup Choice of Milk	30 Baked Penne Pasta w/ Meat Sauce & Garlic Knot Corn Dog Nuggets Buttery Green Beans Spicy Black Beans * Diced Pear Cup * Applesauce Cup Choice of Milk	31 Ribaque Pepperoni or Cheese Pizza Buttery Green Beans * Wango Mango Juice * Diced Peach Cup Frozen Fruit Cup Choice of Milk	Chef Salads offered daily Milk Choices: 1% Plain Fat Free Plain Fat Free Chocolate Fat Free Strawberry	

options may not be available at all schools. Menu selection is subject to change at any time.

Food Allergy Disclaimer: Please be aware that School Nutrition Services prepares our food in commercial kitchens, where cross-contact with food allergens is possible and where ingredient substitutions and recipe revisions are sometimes made. Additionally, manufacturers of commercial food products we order may change their product formulation or ingredient consistency at any time without notification. Actual ingredients and nutritional content may vary and we are not able to guarantee that any food item will be completely free of food allergens. If you have questions or any concerns regarding ingredients of a specific food or recipe, please reach out to the School Nutrition Services at 910-455-2211.

- * This institution is an equal opportunity provider and employer.
- entrees & all grain/breads will be cut into 1/4" pieces using established guidelines.
- Additional sauces and gravies can be added to increase moisture to foods.
- All vegetables will be cooked until soft & large pieces will be cut. Foods must be soft enough to mash with a fork.
- Canned fruit options can be served as is.
- Fresh bananas will be offered as a fruit option when available.
- When an acceptable vegetable option is not on the

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